

*Teach
us to
pray*



Satan replied. "...But now stretch out your hand and strike everything [Job] has, and he will surely curse you to your face."

The Lord said to Satan, "Very well, then, everything he has is in your power..."

Job 1:6-2:10

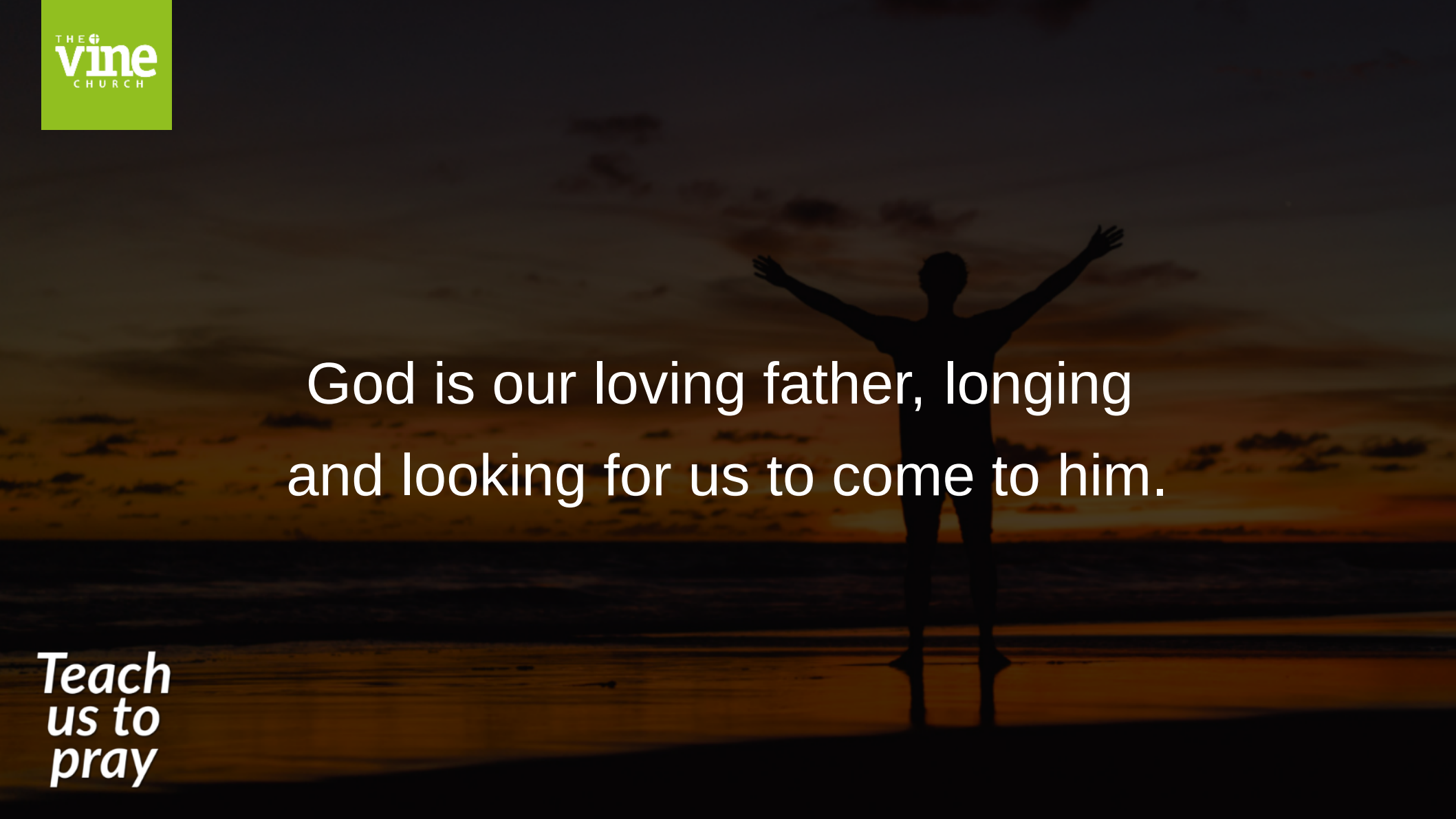
*Teach
us to
pray*

*Teach
us to
pray*



“Our Father in Heaven”

*Teach
us to
pray*

A silhouette of a person stands on a beach, arms raised in a gesture of prayer or praise, against a dramatic sunset sky with orange and yellow hues. The person's reflection is visible in the wet sand.

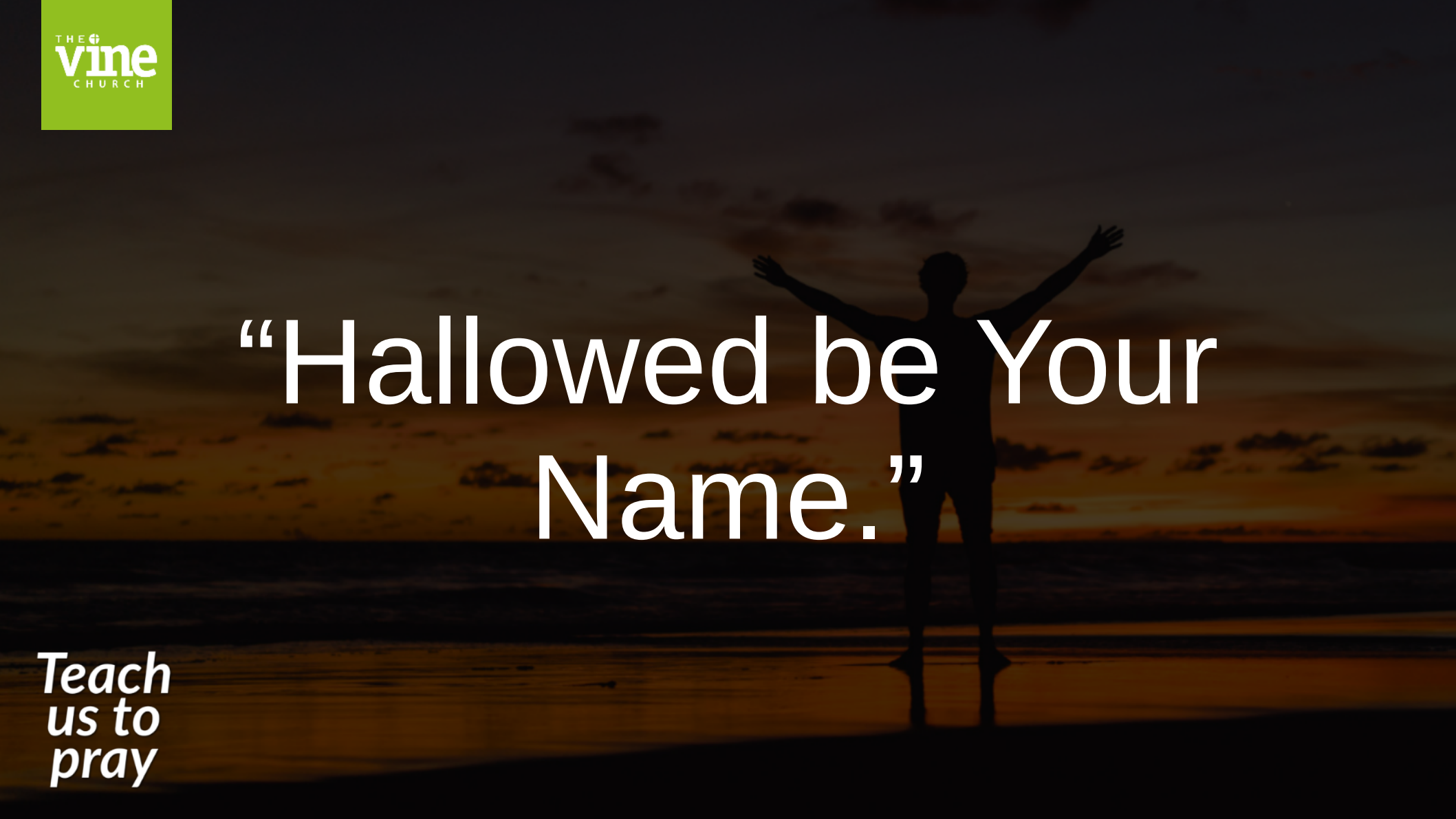
God is our loving father, longing
and looking for us to come to him.

*Teach
us to
pray*

A silhouette of a person standing on a beach at sunset, with their arms raised in a gesture of praise or prayer. The person is facing away from the camera, looking out at the ocean. The sky is a mix of dark and light orange, with some clouds. The water is dark, and the beach is visible in the foreground.

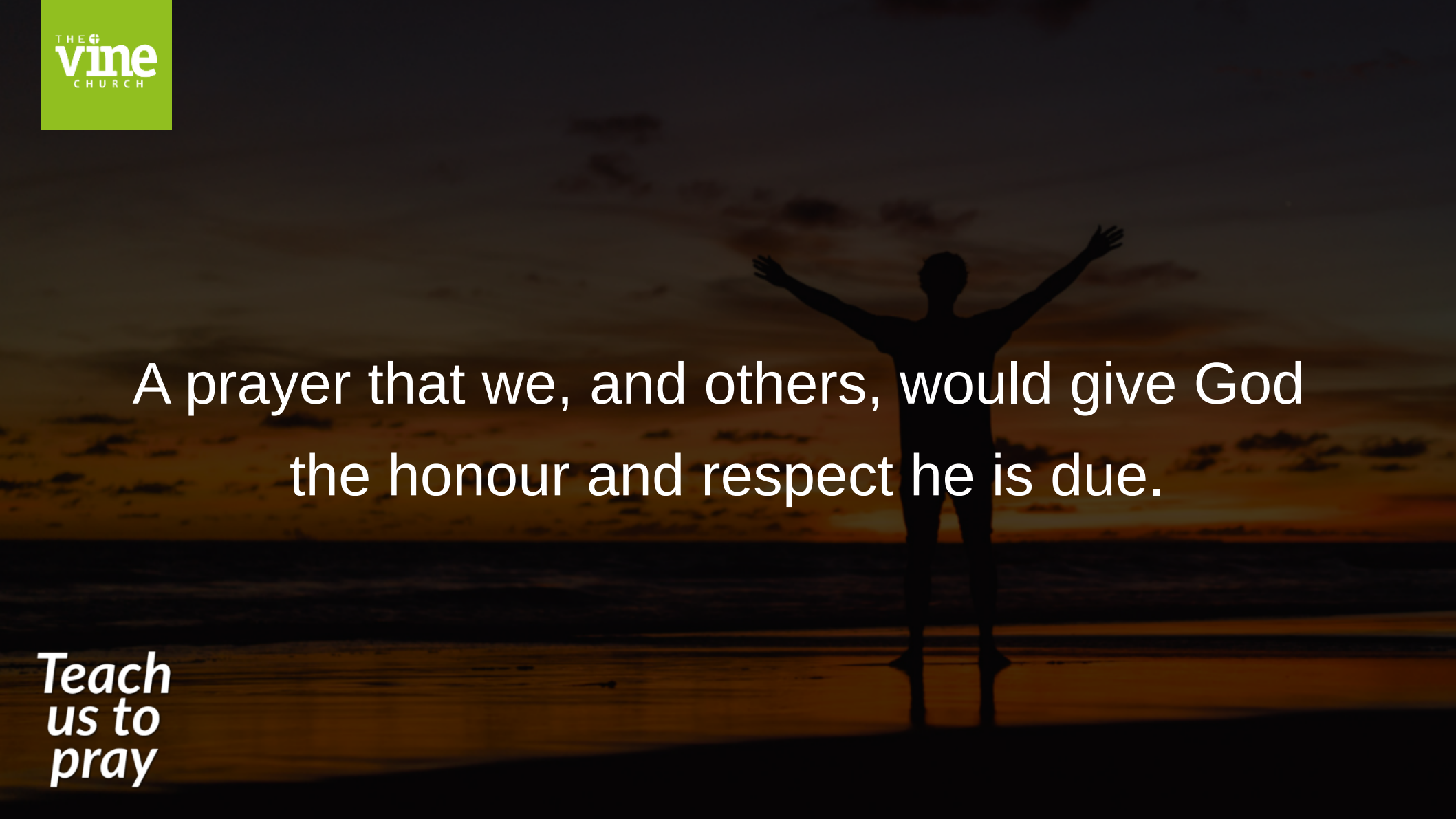
Heaven is accessible from *anywhere*,
not just particular earthly locations.

*Teach
us to
pray*

A silhouette of a person standing on a beach, facing away from the camera with their arms raised in a gesture of prayer or praise. The background is a sunset or sunrise over the ocean, with a warm orange and yellow glow on the horizon and darker, cloudy skies above. The person's reflection is visible in the wet sand.

“Hallowed be Your Name.”

*Teach
us to
pray*

A silhouette of a person standing on a beach, facing away from the camera with their arms raised in a gesture of prayer or praise. The background is a sunset or sunrise over the ocean, with a warm orange and yellow glow on the horizon and a darker sky above. The person's reflection is visible in the wet sand.

A prayer that we, and others, would give God
the honour and respect he is due.

*Teach
us to
pray*



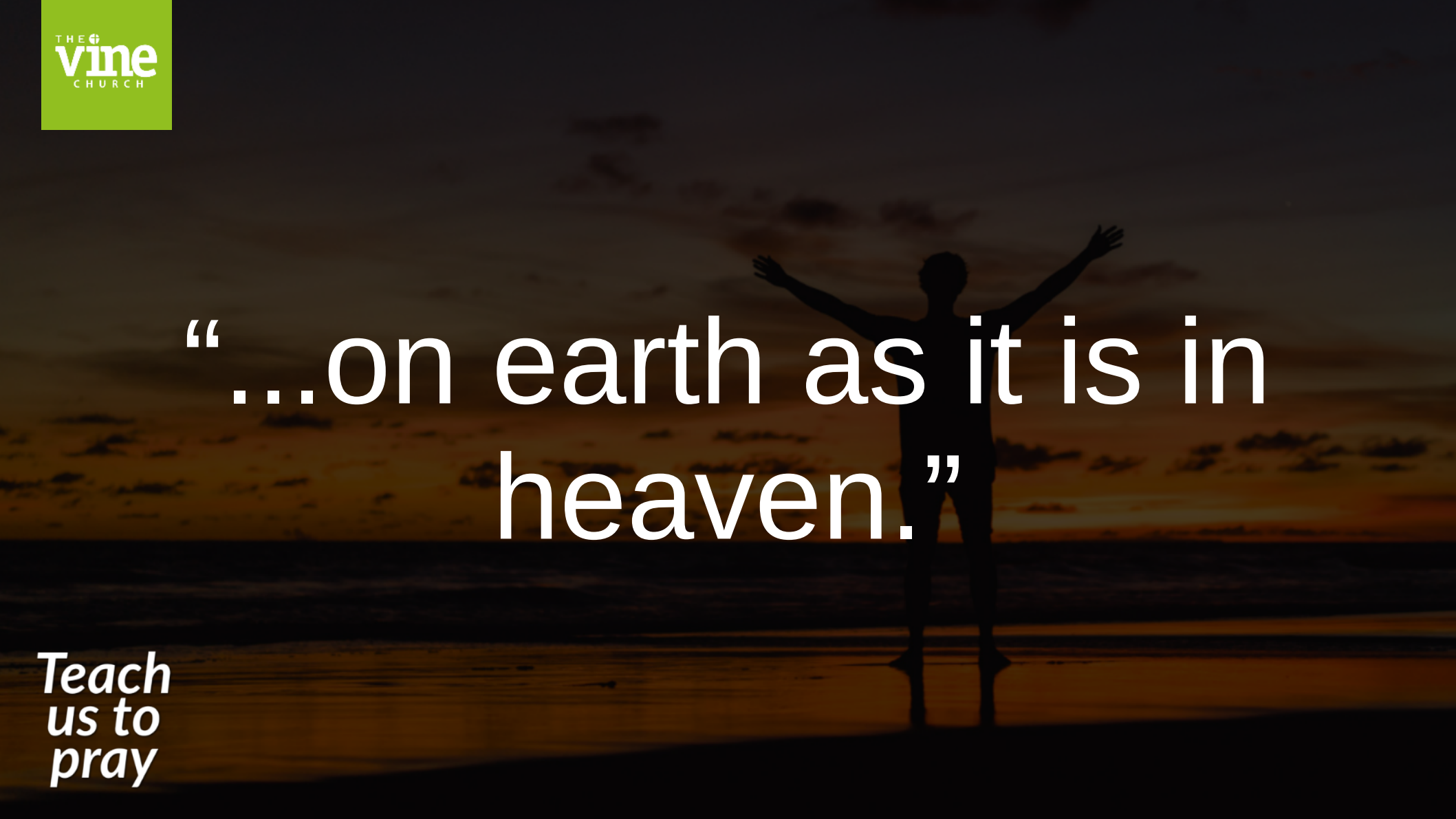
“Your kingdom come
Your will be done...”

*Teach
us to
pray*

A silhouette of a person stands on a beach, facing away from the camera with their arms raised in a gesture of prayer or praise. The background is a dramatic sunset or sunrise over the ocean, with a warm orange and yellow glow on the horizon and darker, cloudy skies above. The person's reflection is visible in the wet sand.

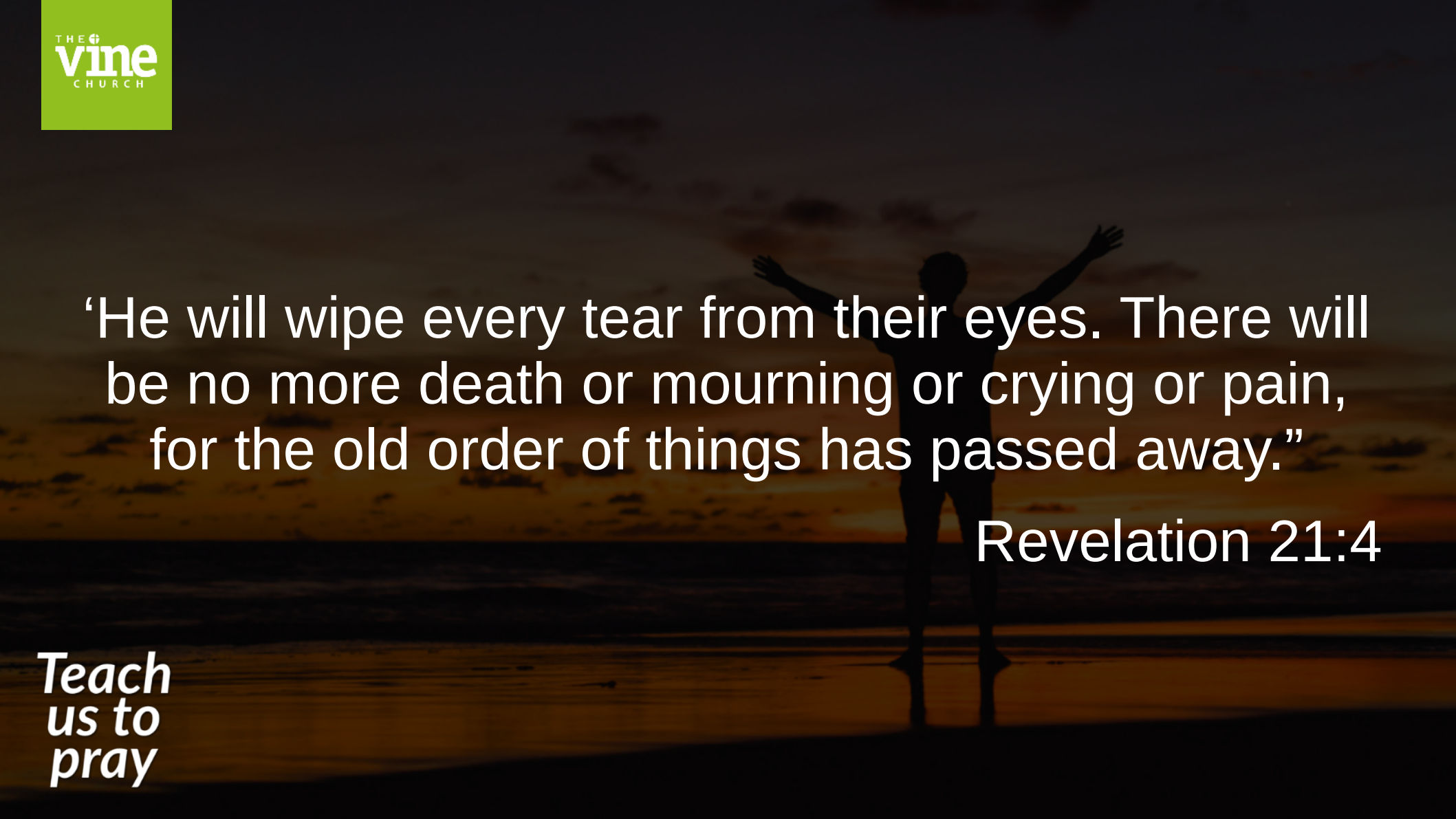
The Kingdom of God is God's sovereign rule –
present wherever God's will is done.

*Teach
us to
pray*

A silhouette of a person standing on a beach, facing away from the camera with their arms raised in a gesture of prayer or praise. The background is a sunset or sunrise over the ocean, with a warm orange and yellow glow on the horizon and a darker sky above. The person's reflection is visible in the wet sand.

“...on earth as it is in
heaven.”

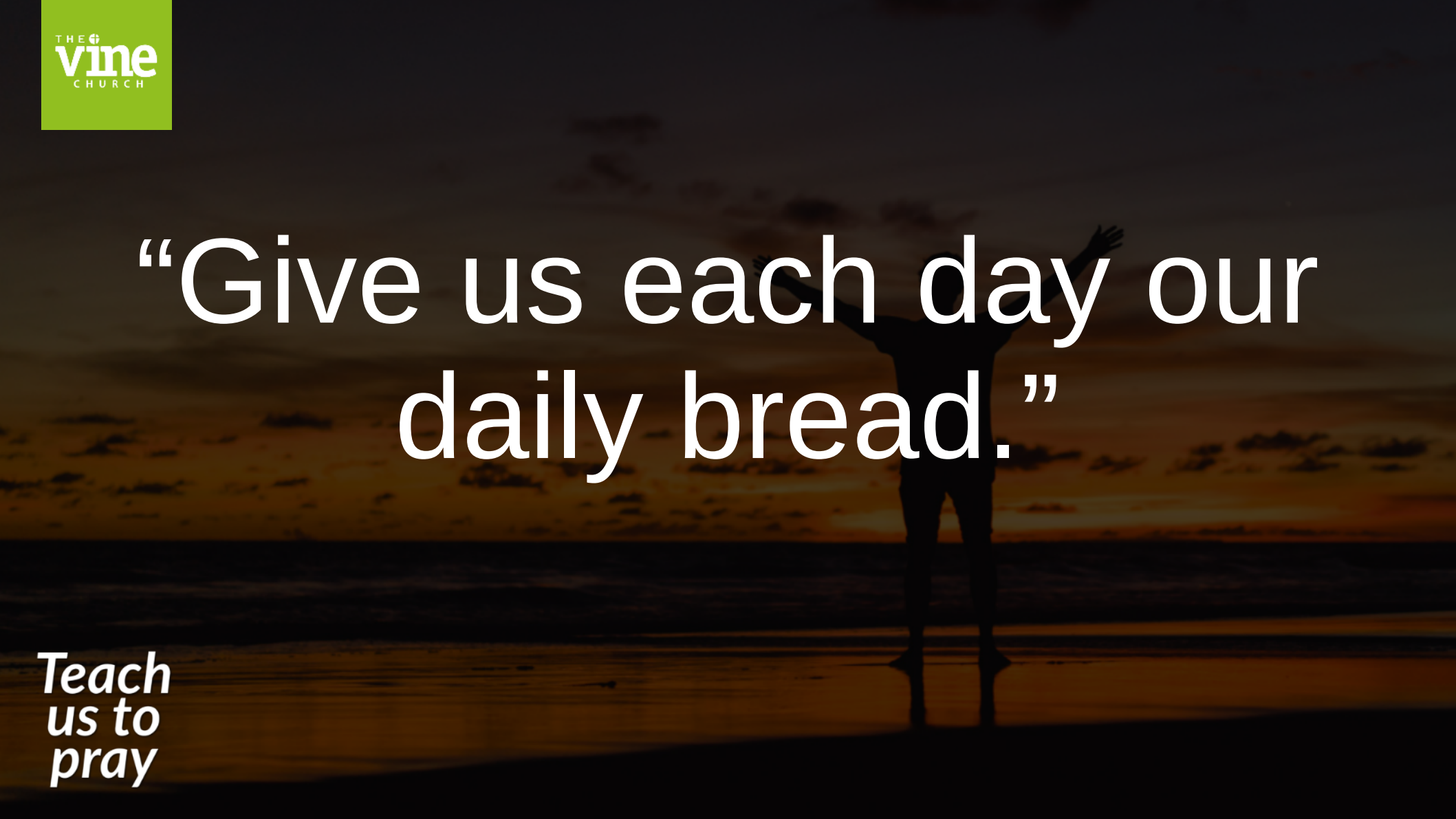
*Teach
us to
pray*



‘He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.’

Revelation 21:4

*Teach
us to
pray*

A person is shown in silhouette, standing on a beach or shore, with their arms raised in a gesture of prayer or praise. The background is a sunset or sunrise over the ocean, with a warm, orange glow. The text is overlaid on this background.

“Give us each day our
daily bread.”

*Teach
us to
pray*



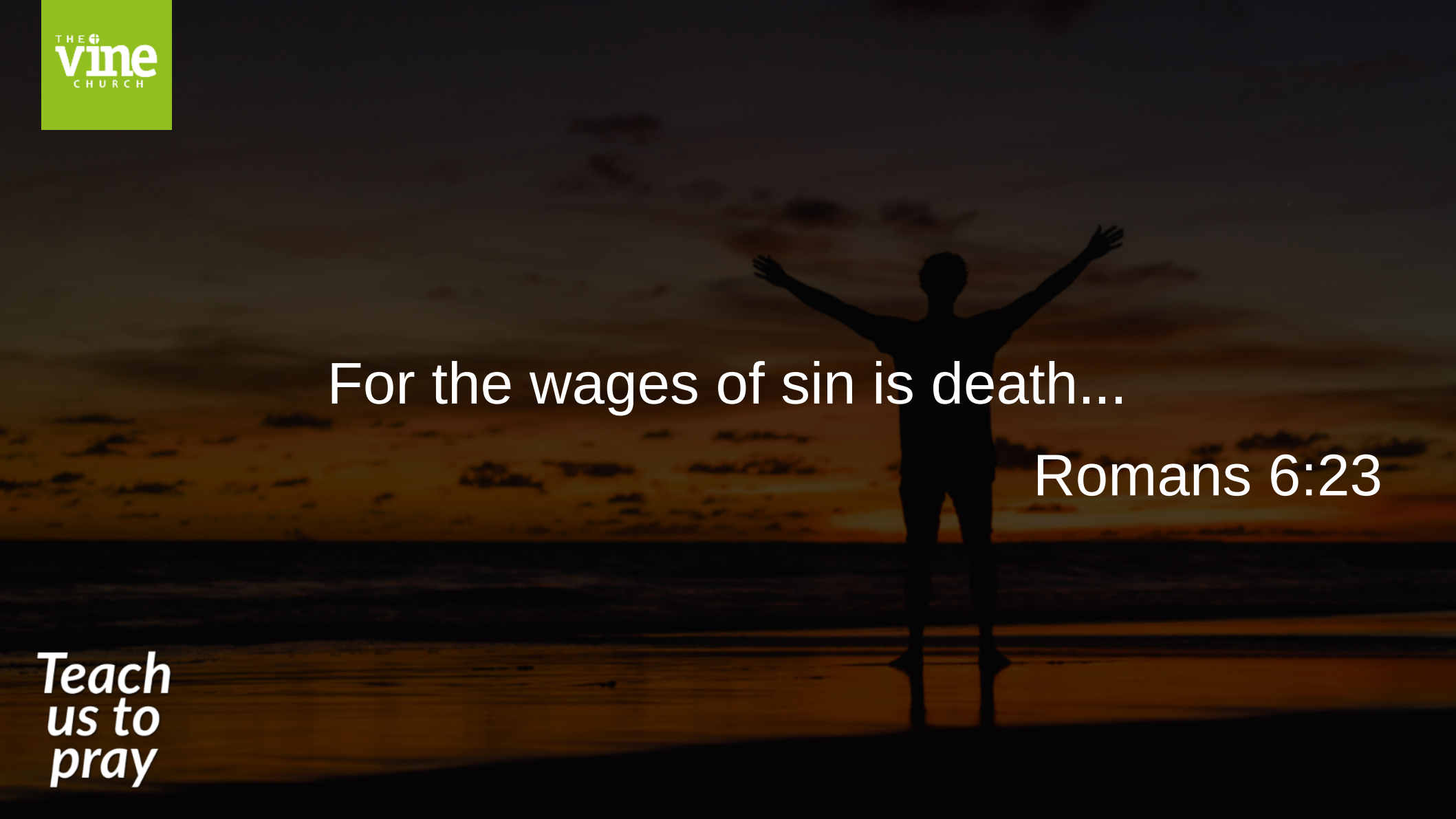
We must keep our focus *daily* on Jesus.

*Teach
us to
pray*

A silhouette of a person standing on a beach, facing away from the camera with their arms raised in a gesture of prayer or praise. The background is a sunset or sunrise over the ocean, with a warm orange and yellow glow on the horizon and scattered clouds in the sky.

“Forgive us our sins”

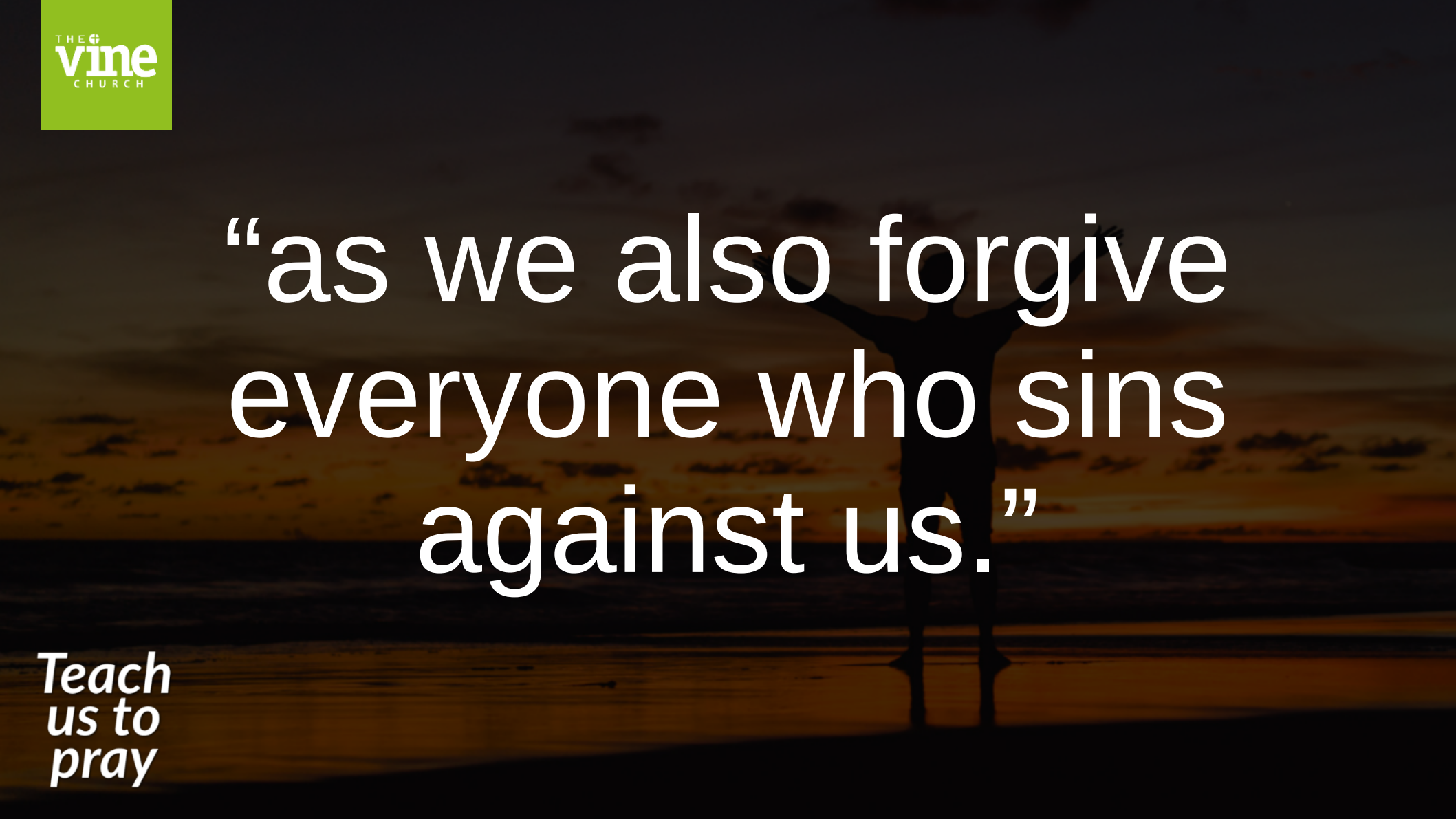
*Teach
us to
pray*

A silhouette of a person standing on a beach with their arms raised in prayer, set against a sunset background with a cloudy sky and a calm sea.

For the wages of sin is death...

Romans 6:23

*Teach
us to
pray*



“as we also forgive
everyone who sins
against us.”

*Teach
us to
pray*

Forgiveness is *not*:

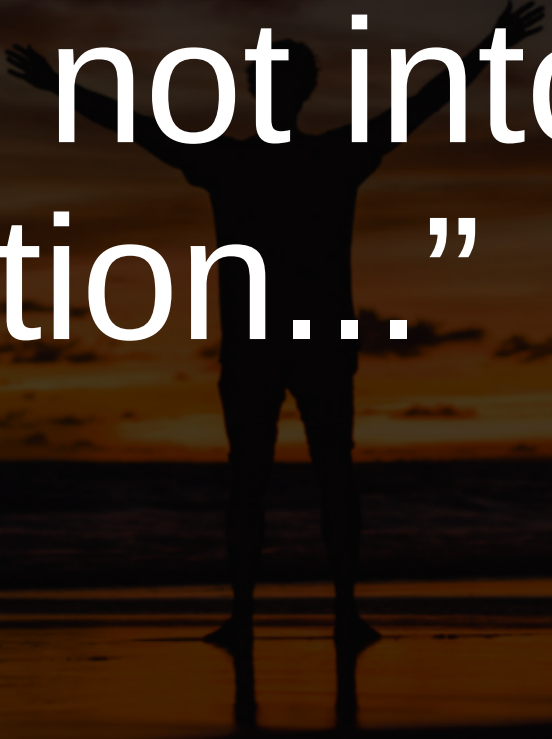
- Excusing the behaviour
 - Reconciling
 - Trusting again
- Letting the person “off the hook”

Teach
us to
pray

Forgiveness *is*:

- Letting go of the debt
- Entrusting the matter to God
- Choosing freedom over resentment
- Opening your heart to grace

*Teach
us to
pray*

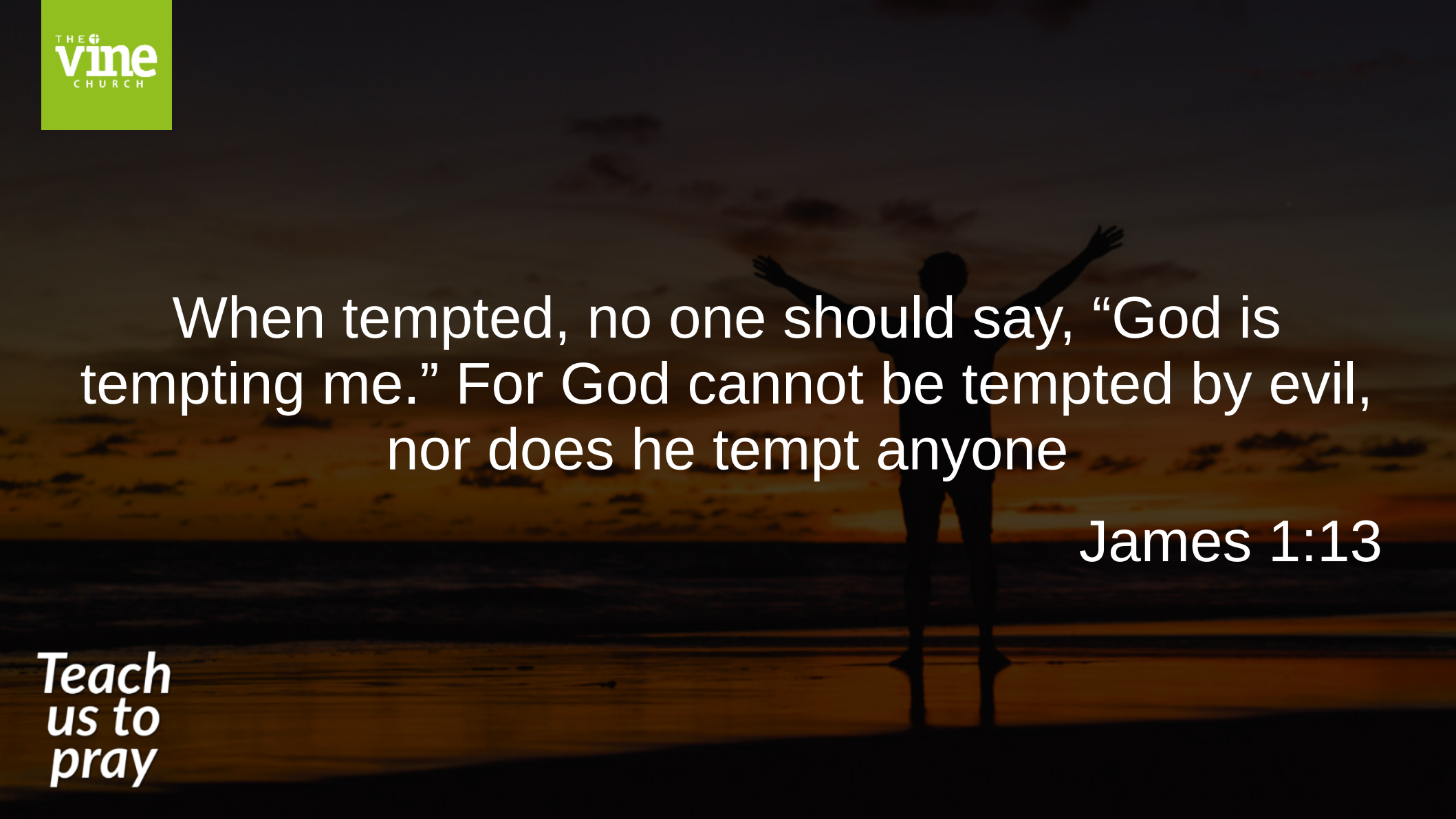


“Lead us not into
temptation...”

*Teach
us to
pray*



Teach
us to
pray

A silhouette of a person standing on a beach at sunset, with their arms raised in prayer. The background is a warm, orange-hued sky with clouds, and the person's reflection is visible in the wet sand.

When tempted, no one should say, “God is tempting me.” For God cannot be tempted by evil, nor does he tempt anyone

James 1:13

*Teach
us to
pray*

Remember how the Lord your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands.

Deuteronomy 8:2

*Teach
us to
pray*

Lead us not into temptation...

“Do not let us be
overcome by temptation.”

*Teach
us to
pray*

Lead us not into temptation...

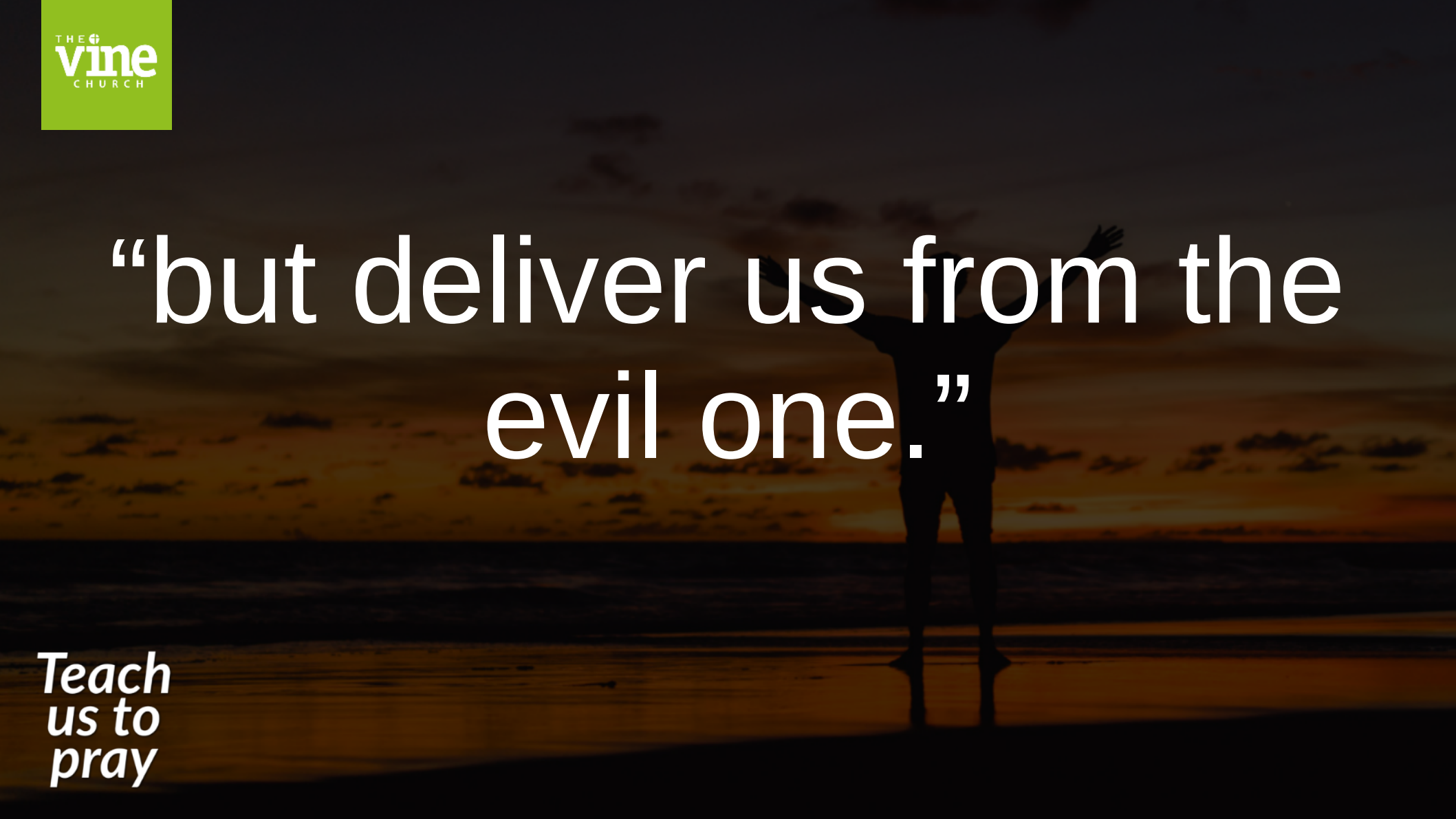
“Guide us away from
situations where we are weak.”

*Teach
us to
pray*

Lead us not into temptation...

“Form our hearts so we
do not desire the temptations”

*Teach
us to
pray*



“but deliver us from the
evil one.”

*Teach
us to
pray*

Sources of Temptation

The devil

The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.”

Matthew 4:1-11

*Teach
us to
pray*

Sources of Temptation

The world

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will.

Romans 12:2

*Teach
us to
pray*

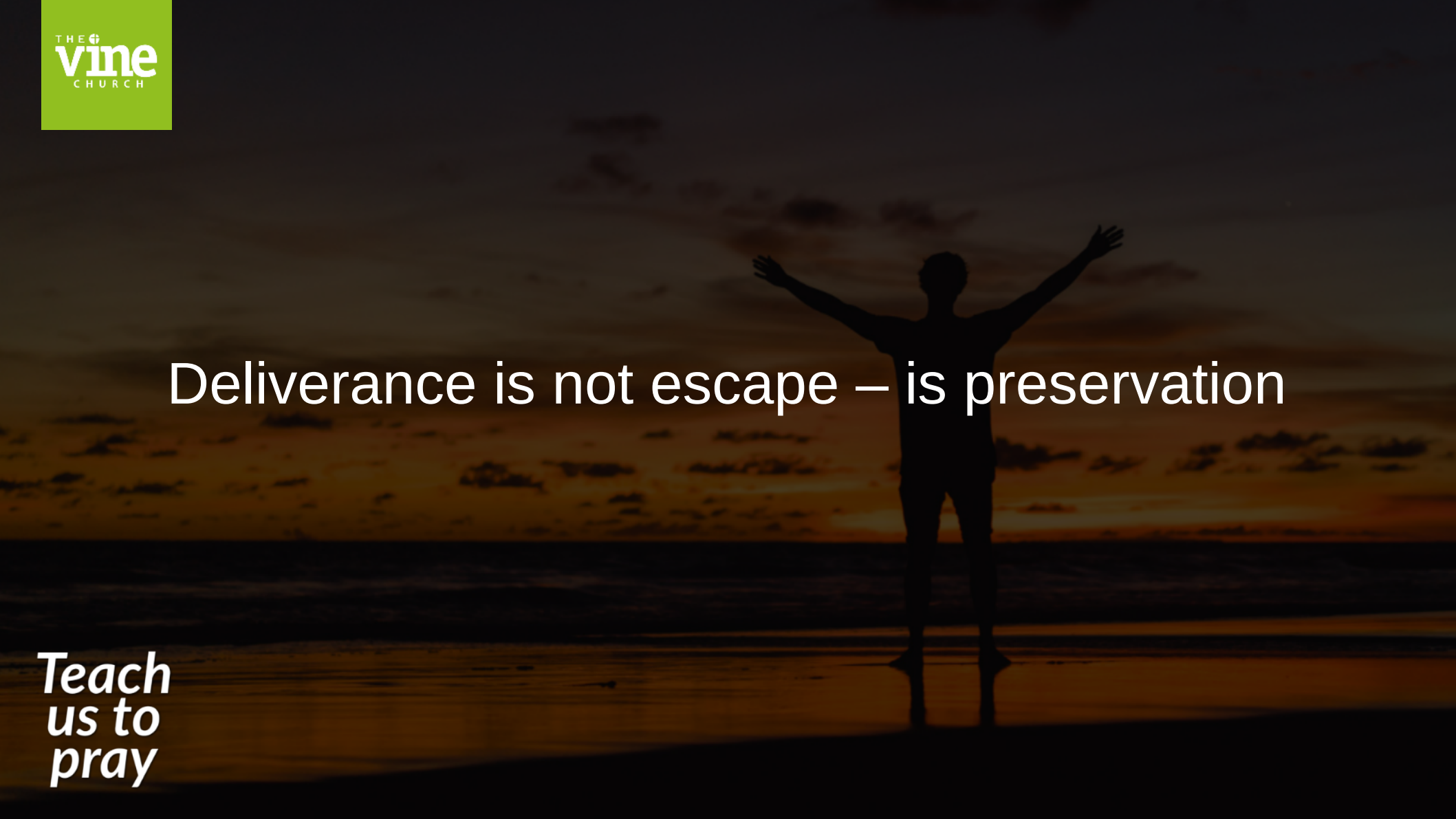
Sources of Temptation

The flesh

So I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do what you want.

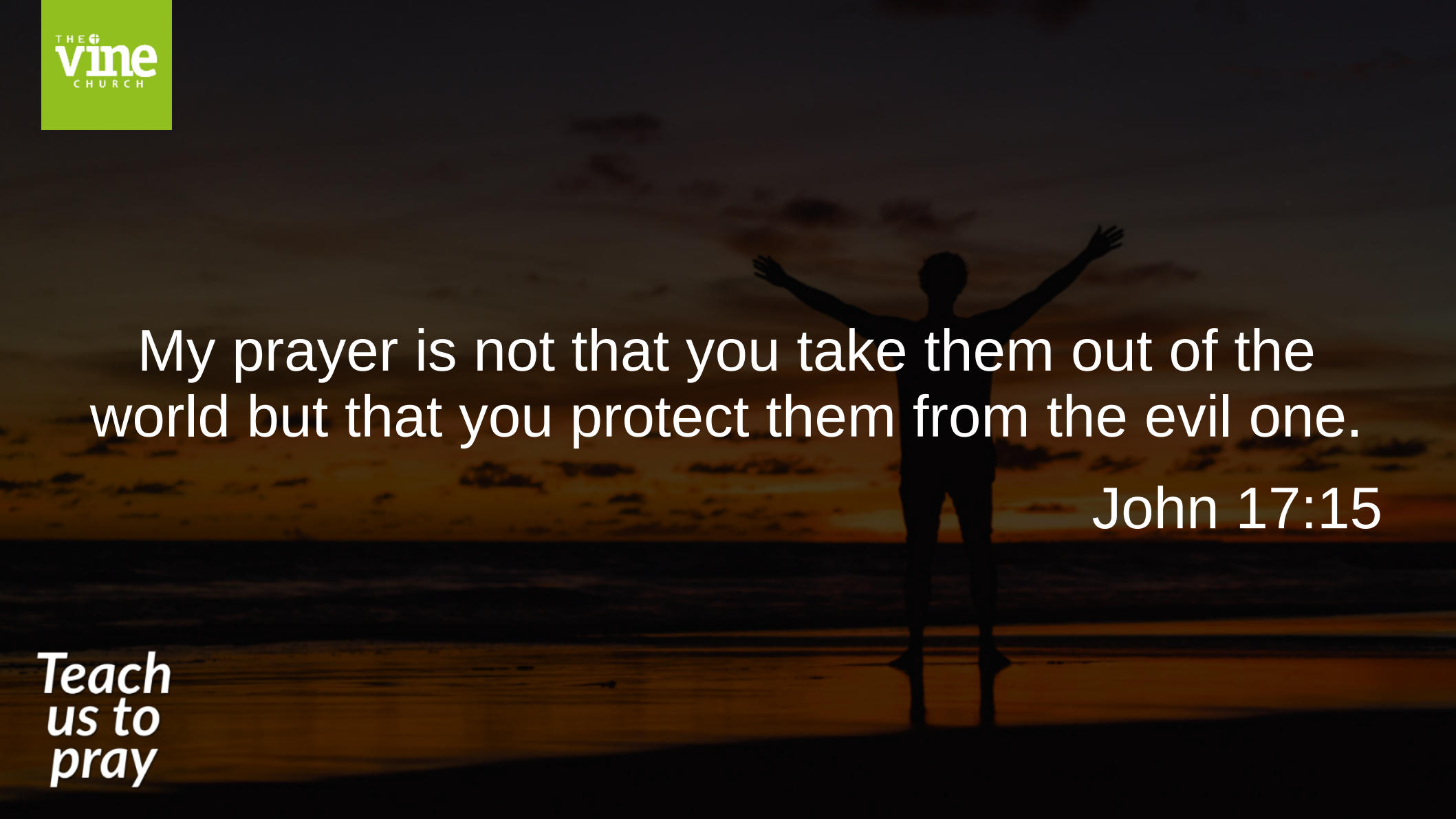
Galatians 5:16-17

*Teach
us to
pray*

A silhouette of a person standing on a beach at sunset, with their arms raised in a gesture of praise or prayer. The person is facing away from the camera, looking out at the ocean. The sky is a mix of dark and light orange, with some clouds. The water is dark, and the sand is light. The person's reflection is visible in the wet sand.

Deliverance is not escape – is preservation

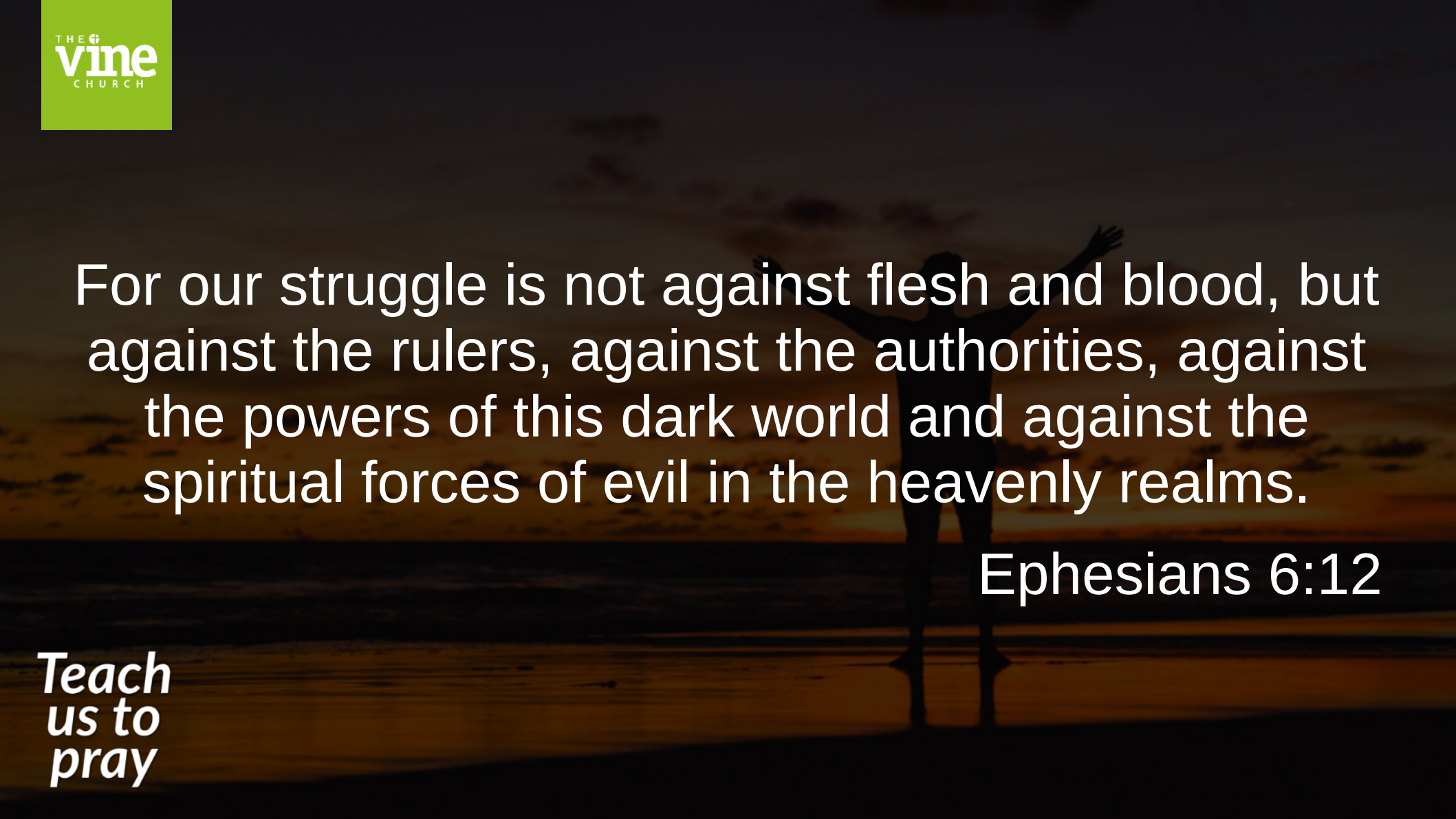
*Teach
us to
pray*

A silhouette of a person stands on a beach, facing away from the camera with their arms raised in a gesture of prayer or praise. The background is a dramatic sunset or sunrise over the ocean, with a warm orange and yellow glow on the horizon and darker, cloudy skies above. The person's reflection is visible in the wet sand.

My prayer is not that you take them out of the world but that you protect them from the evil one.

John 17:15

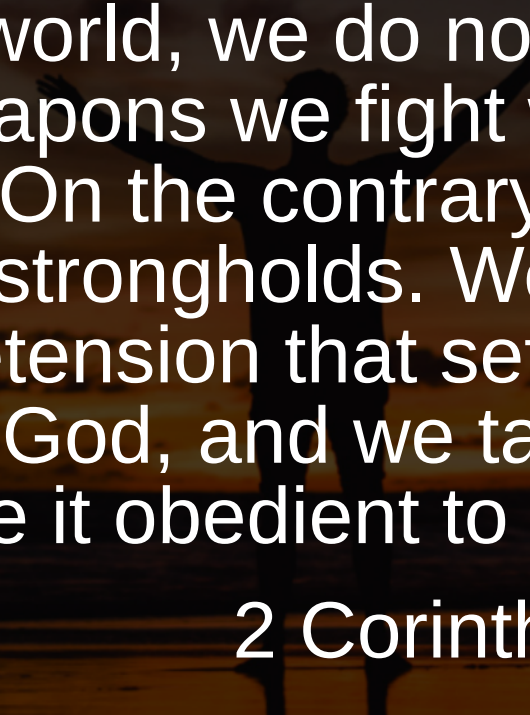
*Teach
us to
pray*



For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

Ephesians 6:12

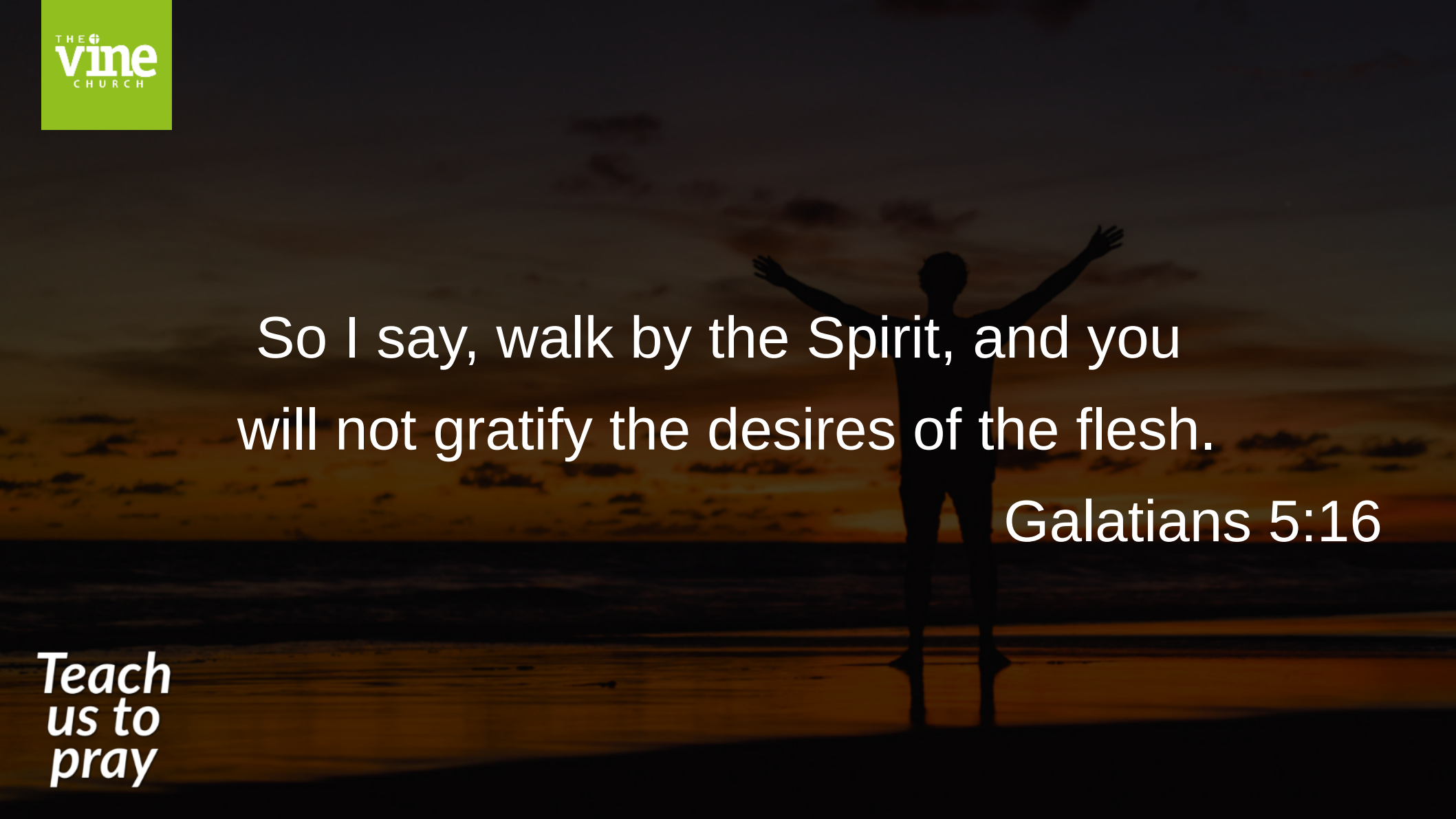
*Teach
us to
pray*

A silhouette of a person standing with their arms raised in a gesture of praise or prayer, set against a background of a sunset or sunrise over a body of water.

For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10:3-5

*Teach
us to
pray*

A silhouette of a person stands on a beach with their arms raised in a gesture of prayer or praise. The background is a sunset or sunrise over the ocean, with a warm orange and yellow glow. The person's reflection is visible in the wet sand.

So I say, walk by the Spirit, and you
will not gratify the desires of the flesh.

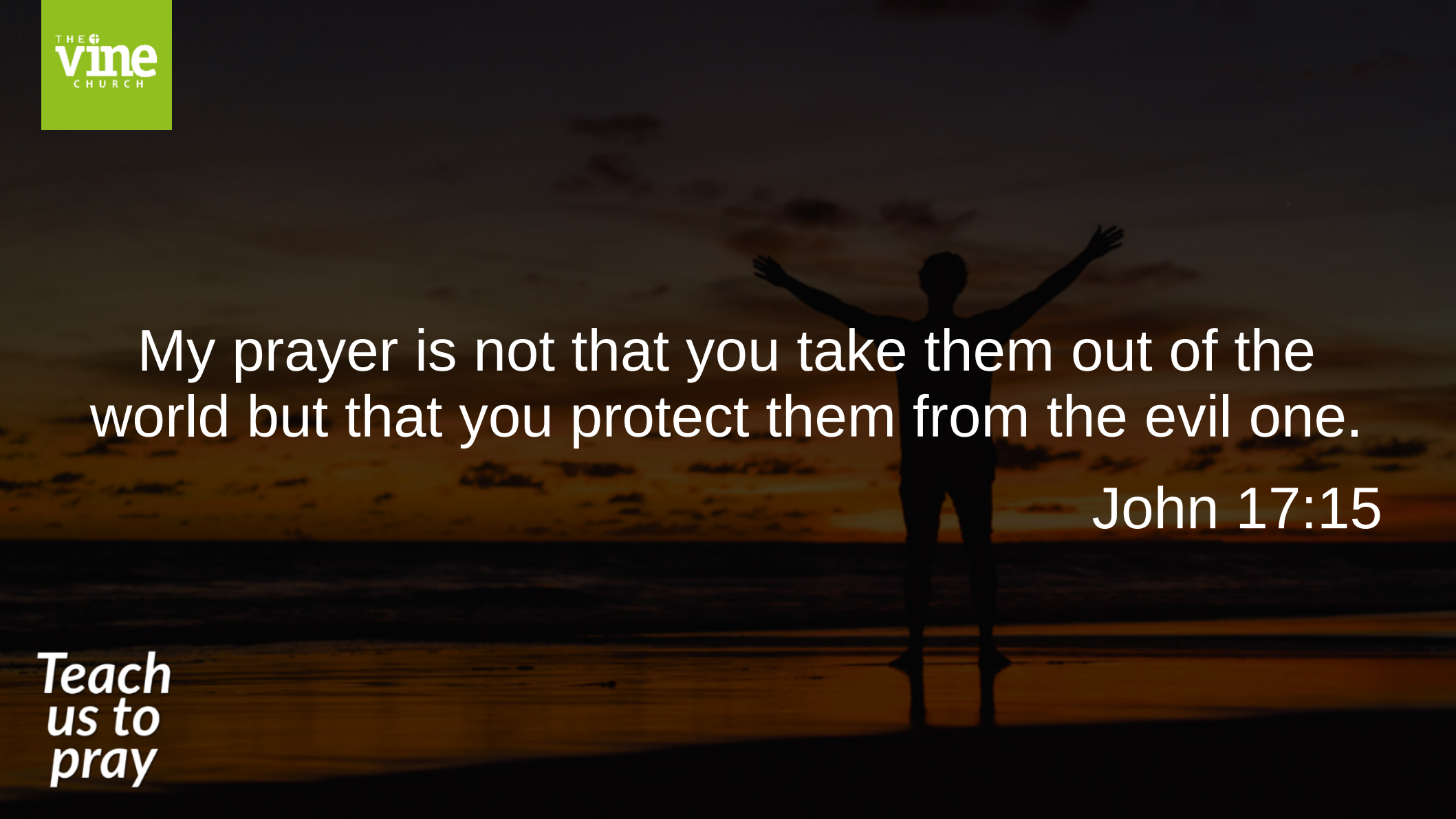
Galatians 5:16

*Teach
us to
pray*

God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.

1 Corinthians 10:13

*Teach
us to
pray*



My prayer is not that you take them out of the world but that you protect them from the evil one.

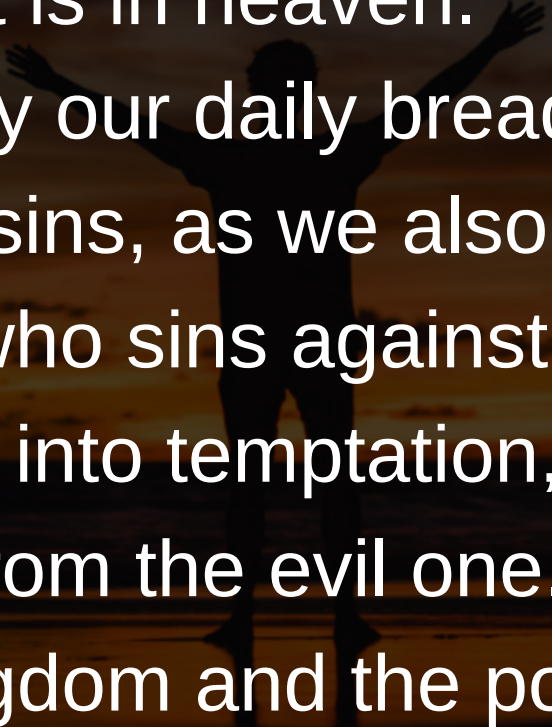
John 17:15

*Teach
us to
pray*

Questions for reflection:

- 1) Where am I most vulnerable to temptation, right now?
- 2) What one step can I take this week to walk away from temptation and toward God?

*Teach
us to
pray*

A silhouette of a person standing with their arms raised in a gesture of praise or prayer, set against a background of a sunset or sunrise over a body of water.

Our Father in heaven, hallowed be your name.
Your kingdom come. Your will be done
on earth as it is in heaven.
Give us each day our daily bread.
Forgive us our sins, as we also
forgive everyone who sins against us.
And lead us not into temptation,
but deliver us from the evil one.
For yours is the kingdom and the power
and the glory forever and ever. Amen.

*Teach
us to
pray*

*Teach
us to
pray*

